

# Access+ HMO<sup>®</sup> Plan 20

## Benefit Summary

(Uniform Health Plan Benefits and Coverage Matrix)

Highlights: \$150 brand-name drug deductible  
\$15/\$30/\$45 prescription drug coverage

**THIS MATRIX IS INTENDED TO BE USED TO HELP YOU COMPARE COVERAGE BENEFITS AND IS A SUMMARY ONLY. THE EVIDENCE OF COVERAGE AND THE GROUP HEALTH SERVICE AGREEMENT SHOULD BE CONSULTED FOR A DETAILED DESCRIPTION OF COVERAGE BENEFITS AND LIMITATIONS.**

Effective July 1, 2006

### DEDUCTIBLES

<b>Calendar-year medical deductible</b>	None
<b>Calendar-year copayment maximum<sup>#</sup></b> (For many covered services)	\$2,500 per individual/\$5,000 per family

### LIFETIME MAXIMUMS

None

Covered Services	Member Copayment
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### PROFESSIONAL SERVICES

#### Physician services – outpatient

<ul style="list-style-type: none"> <li>Physician and authorized specialist office visits Note: A woman may self-refer to an OB/GYN or family practice physician in her Personal Physician's medical group or IPA for OB/GYN services.</li> </ul>	\$20/visit
<ul style="list-style-type: none"> <li>Allergy testing</li> </ul>	\$20/visit
<b>Access+ Specialist<sup>SM</sup></b> (Self-referred office visits and consultations only) <sup>1, #</sup>	\$40/visit
<b>Laboratory, X-ray and diagnostic tests</b>	No charge

#### Preventive care

<ul style="list-style-type: none"> <li>Routine physical exam, eye/ear screenings and immunizations according to age schedule Note: A woman may self-refer to an OB/GYN or family practice physician in her Personal Physician's medical group or IPA.</li> </ul>	No charge
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### OUTPATIENT SERVICES

#### Non-emergency

<ul style="list-style-type: none"> <li>Outpatient surgery in hospital/facility</li> </ul>	\$300/surgery
<ul style="list-style-type: none"> <li>Outpatient treatment (except as described under "Rehabilitative therapy services"), and necessary supplies</li> </ul>	No charge

### HOSPITALIZATION SERVICES

<ul style="list-style-type: none"> <li>Inpatient physician services, including pregnancy and maternity care</li> </ul>	No charge
<ul style="list-style-type: none"> <li>Semi-private room and board, medically necessary services and necessary supplies</li> </ul>	\$750/admission
<ul style="list-style-type: none"> <li>Skilled nursing facility (SNF) services<sup>2</sup></li> </ul>	\$150/day
<b>EMERGENCY HEALTH COVERAGE</b>	\$100/visit

(Waived if the member is directly admitted to the hospital for inpatient services)

### AMBULANCE SERVICES

\$50

### PRESCRIPTION DRUG COVERAGE<sup>3,4</sup>

(Includes oral contraceptives, diaphragms, and covered diabetic drugs and testing supplies)

	Participating Pharmacy (For up to a 30-day supply) <sup>#</sup>	Mail Service Prescriptions (For up to a 90-day supply) <sup>#</sup>
<ul style="list-style-type: none"> <li>Calendar-year brand-name drug deductible</li> </ul>	\$150 per member per calendar-year, applied to all covered brand-name and home self-administered injectable drugs.	
<ul style="list-style-type: none"> <li>Generic drugs</li> </ul>	\$15/prescription	\$30/prescription
<ul style="list-style-type: none"> <li>Formulary brand-name drugs</li> </ul>	\$30/prescription	\$60/prescription
<ul style="list-style-type: none"> <li>Non-Formulary brand-name drugs</li> </ul>	\$45/prescription	\$90/prescription
<ul style="list-style-type: none"> <li>Home self-administered injectable medications (May require prior authorization from Blue Shield Pharmacy Services)</li> </ul>	20% of allowed charges (up to \$100 copayment <sup>3</sup> maximum per prescription)	Not covered

### DURABLE MEDICAL EQUIPMENT<sup>#</sup>

<ul style="list-style-type: none"> <li>Home medical equipment, prosthetics/orthotics, oxygen, colostomy/ostomy supplies</li> </ul>	50% of allowed charges (Plan payment up to \$2,000 max. per calendar year)
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### MENTAL HEALTH SERVICES (PSYCHIATRIC)<sup>5</sup>

<ul style="list-style-type: none"> <li>Inpatient hospital facility services</li> </ul>	\$750/admission
<ul style="list-style-type: none"> <li>Outpatient visits for severe mental health conditions</li> </ul>	\$20/visit

Covered Services	Member Copayment
<ul style="list-style-type: none"> <li>Outpatient visits for non-severe mental health conditions<sup>#</sup> (Up to 20 visits per calendar year combined with outpatient chemical dependency visits)</li> </ul>	\$25/visit
<b>CHEMICAL DEPENDENCY SERVICES (SUBSTANCE ABUSE)<sup>5</sup></b>	
<b>Please See Footnote 8</b>	
<ul style="list-style-type: none"> <li>Inpatient services for medical acute detoxification</li> </ul>	\$750/admission
<ul style="list-style-type: none"> <li>Outpatient visits<sup>#</sup> (Up to 20 visits per calendar year combined with outpatient non-severe mental health visits)</li> </ul>	\$25/visit
<b>HOME HEALTH SERVICES</b>	
<ul style="list-style-type: none"> <li>Agency visits (Up to 100 visits per calendar year)</li> </ul>	\$20/visit
<ul style="list-style-type: none"> <li>Medical supplies/IV solutions (For home self-administered injectable drugs, see "Prescription Drug Coverage.")</li> </ul>	No charge
<b>OTHER</b>	
<b>Hospice</b>	
<ul style="list-style-type: none"> <li>Routine home care and inpatient respite care</li> </ul>	No charge
<ul style="list-style-type: none"> <li>24 hour continuous home care and general inpatient care</li> </ul>	\$150/day
<b>Pregnancy and maternity care</b>	
<ul style="list-style-type: none"> <li>Prenatal and postnatal professional (physician) services (For all necessary inpatient hospital services, see "Hospitalization Services.")</li> </ul>	No charge
<b>Family planning and infertility services</b>	
<ul style="list-style-type: none"> <li>Family planning counseling</li> </ul>	\$20/visit
<ul style="list-style-type: none"> <li>Diagnosis and treatment of causes of infertility (Excludes in vitro fertilization, injectables for infertility, artificial insemination and GIFT)</li> </ul>	50% of allowed charges
<ul style="list-style-type: none"> <li>Tubal ligation<sup>6,7</sup> and elective abortion<sup>7</sup></li> </ul>	\$100
<ul style="list-style-type: none"> <li>Vasectomy<sup>7</sup></li> </ul>	\$75
<b>Rehabilitative therapy services</b>	
<ul style="list-style-type: none"> <li>Outpatient visits (Copayment applies to all place of services, including professional and facility settings)</li> </ul>	\$20/visit
<b>Urgent care outside service area (BlueCard<sup>®</sup> Program)</b>	
	\$50/visit
<b>Diabetes care</b>	
<ul style="list-style-type: none"> <li>Equipment, devices and non-testing supplies (For testing supplies, see "Prescription Drug Coverage.")</li> </ul>	50% of allowed charges
<ul style="list-style-type: none"> <li>Self-management training and education</li> </ul>	\$20/visit
<b>Optional benefits<sup>#</sup></b> Optional dental, vision, chiropractic, chiropractic and acupuncture, or infertility benefit is available. If your employer purchased any of these benefits, a description of the benefit is provided separately.	

# Copayments marked with a (#) do not accrue to the calendar-year copayment maximum. Copayments and charges for services not accruing to the member's calendar-year copayment maximum continue to be the member's responsibility after the calendar-year copayment maximum is reached. Please refer to the *Evidence of Coverage* and the *Group Health Service Contract* for exact terms and conditions of coverage.

1 To use this option, members must select a Personal Physician who is affiliated with a medical group or IPA that is an Access+ provider group, which offers the Access+ *Specialist* feature. Members should then select a specialist within that medical group or IPA. Access+ *Specialist* visits for mental health or substance abuse services must be provided by a MHSA network participating provider. Access+ *Specialist* visits for mental health services for non-severe mental illness, or non-serious emotional disturbances of a child or substance abuse will accrue toward the 20 visit per calendar year maximum.

2 Skilled nursing services are limited to 100 days during a calendar year except when received through a hospice program provided by a participating hospice agency. This 100-day maximum on skilled nursing services is a combined maximum between SNF in a hospital unit and skilled nursing facilities.

3 If the member requests a brand-name drug and a generic drug equivalent is available, the member is responsible for paying the difference between the cost to Blue Shield of California of the brand-name drug and its generic drug equivalent, as well as the applicable generic drug copayment. Home self-administered injectable drugs are covered only when dispensed by select participating pharmacies in the Specialty Pharmacy Network. Drugs from non-participating pharmacies are not covered except in emergency and urgent situations. Please note that if you switch to another Blue Shield of California or Blue Shield of California Life & Health Insurance Company plan, your prescription drug deductible credit from the previous plan during the calendar year, if applicable, will not carry forward to your new plan.

4 This plan's prescription drug coverage is, on average, equivalent to or better than the standard benefit set by the federal government for Medicare Part D (also called "creditable" coverage).

5 Mental health and chemical dependency services, other than medical acute detoxification, are accessed through the mental health services administrator (MHSA) – U.S. Behavioral Health Plan, California (USBHPC) – using MHSA participating providers. Services for medical acute detoxification are accessed through Blue Shield using Blue Shield HMO providers. For a listing of severe mental illnesses, including serious emotional disturbances of a child, and other benefit details, please refer to the *Evidence of Coverage* or plan contract.

6 Copayment waived when procedure is performed in conjunction with delivery or abdominal surgery.

7 Copayment shown is for physician's services. If the procedure is performed in a facility setting (hospital or outpatient surgery center), an additional facility copayment may apply.

8 **Optional inpatient substance abuse treatment benefits are available. If your employer purchased these benefits, a description of the benefit is attached hereto as "Additional Substance Abuse Treatment Benefits."**

*Benefits are subject to modification by Blue Shield for subsequently enacted state or federal legislation.*

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